Southern OREGON Runners

Couple Truffle Shuffle
5K Couple's Classic

Saturday, February 12, 2011 9:00 am
Griffin Creek School
2430 Griffin Creek Road Medford, Oregon

RRCA ROAD RUNNERS CLUB OF AMERICA

Entry: CTS: c/o Southern Oregon Runners
P.O. Box 665 Medford, OR 97501
Day of race: Packet pick up and registration at Griffin Creek School 8:00-8:45
Entry Fee: $10 solo $15 couple *No solo 5K only solo 10K
Awards: Chocolate truffles to all finishers * Ribbons for 1st, 2nd, 3rd * Special drawings
Facilities: Limited: Restrooms available
Restrictions: ABSOLUTELY no roller blades, roller skates, bicycles, baby joggers, dogs, head phones, in-line skates…for insurance purposes
Course: Out and back on Griffin Creek and West Griffin Creek. There's one lovely hill! Each partner runs a 5K relay.
Aid: None on course.
Race Director: Susan Holt 857-8002

---------- (Please print, detach and return) ----------

Name_____Sex_____

Address_____

City, State, Zip_____Phone_____

Running Partner's Name _____Sex_____

Category – Circle One

Mother~Daughter	Father~Daughter	Mother~Son	Father~Son	Husband~Wife
Sibling	Male Open	Female Open	Mixed Open	
Grandparent~Grandchild	Male Solo	Female Solo		

Mandatory Release

I know that running or walking in Southern Oregon Runners events is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in SOR activities including, but not limited to falls, contact with other participants, and the effects of the weather, including high heat and or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release any and all sponsors including, but not limited to RRCA, SOR, USAT&F, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may rise out of carelessness or negligence on the part of the persons named in this waiver.

_____/_____ Date:_____

Signature Runner 1 — Signature Runner 2:
If under 18: Parent/Guardian must sign