



# PIONEER ROAD RUN

**Southern Oregon's Oldest Road Run  
Founded 1971**

- WHEN:** Saturday, November 12, 2011 - 8:15 a.m. Kids Fun Run, FREE / 8:30 a.m. 9 Mile / 9:00 a.m. 5K
- WHAT:** 9 miles (original course) or 5km. Course closes at 10:45 a.m.
- WHERE:** Start & Finish - Phoenix High School - Map on back - Phoenix, Oregon - Exit 24
- PACKET PICK-UP:** Race Day - 7:30 - 8:30
- RESTRICTIONS:** Due to insurance reasons - no roller-skates, bicycles, skateboards, baby joggers, dogs, headphones, or unregistered participants.
- AWARDS:** 1-3 Male & Female - Both Races -- 10:45 a.m.
- VOLUNTEERS:** We need you! - Please call Jan Griffin 664-2323  
LANCE TOOKE MEMORIAL TROPHIES PRESENTED TO TOP HIGH SCHOOL MALE AND FEMALE 5K WINNERS

✂ PLEASE PRINT, Detach & Return -----

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ FEMALE: \_\_\_\_\_ MALE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

CIRCLE THE EVENT YOU ARE DOING: **5K** or **9-Mile**

CHECKS PAYABLE TO: <b>SOUTHERN OREGON RUNNERS</b> P.O. BOX 665 MEDFORD, OREGON 97501	<b>PREREGISTRATION: Register by 11/5/11</b>	<b>AFTER 11/5/11</b>
	<input type="checkbox"/> <b>\$10.00</b> SOR CLUB MEMBERS \$ _____	<input type="checkbox"/> <b>\$13.00</b> SOR CLUB MEMBERS \$ _____
	<input type="checkbox"/> <b>\$13.00</b> NON-MEMBERS \$ _____	<input type="checkbox"/> <b>\$15.00</b> NON-MEMBERS \$ _____

### MANDATORY RELEASE FORM

I know that running in southern oregon runners running club events is a potentially hazardous activity. I should not enter and run unless i am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in sorrc activities including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, i, for myself and anyone entitled to act on my behalf, waive and release any and all sponsors including, but not limited to, RRCA, SORRC, USA T&F, and all sponsors, the representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may rise out of negligence or carelessness on the part of the persons named in this waiver.

SIGNED \_\_\_\_\_ SIGNATURE OF PARENT OR GUARDIAN  
IF PARTICIPANT IS UNDER 18 YEARS \_\_\_\_\_

# COURSE RECORDS

## Five Kilometer Course

OVERALL Trevor Palmer 15:03 (2007)  
Rosa Gutierrez 18:29 (2001)

### MEN

9-under Christopher Frownfelter 28:13 (2010)  
10-13 Elliot Jantzer 18:31 (2003)  
14-18 Elliot Jantzer 15:44 (2008)  
19-29 Trevor Palmer 15:03 (2007)  
30-39 Damian Baldovino 15:22 (2002)  
40-49 Damian Baldovino 15:13 (2008)  
50-59 Leonard Hill 16:52 (2004)  
60-69 Doug Naversen 19:51 (2009)  
70-79 Dan Bulkley 22:46 (1990)  
80+ Joe King 25:37 (2007)

### WOMEN

9-under  
10-13 Brenna Phelps 20:21 (2008)  
14-18 Ashley Gilkey 18:50 (2005)  
19-29 Theresa Walton 18:30 (1993)  
30-39 Rosa Gutierrez 18:29 (2001)  
40-49 Elaine Delsman 19:11 (1988)  
50-59 Pam Turner 20:35 (1998)  
60-69 Sandi Whittle 23:37 (2008)  
70-79 Marcia McChesney 31:06 (2000)  
80+ Eleanor Holbrook 49:13 (2010)

## Nine Mile Course

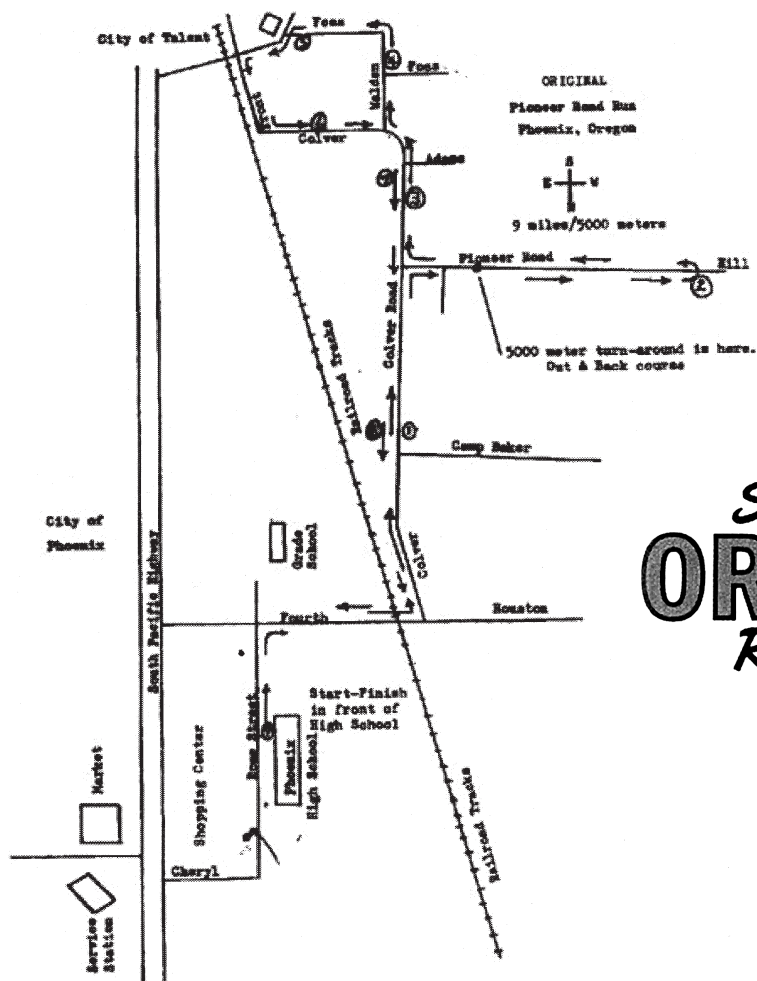
OVERALL Ric Sayre 44:25 (1981)  
Sarah Kleppin 56:03 (1999)

### MEN

13-under J.J. Schmeizer 1:12:06 (2000)  
14-18 Claude Newenschwander 49:40 (1971)  
19-29 Ric Sayre 44:15 (1981)  
30-39 Ric Sayre 45:25 (1986)  
40-49 Ric Sayre 46:18 (1994)  
50-59 Ric Sayre 49:28 (2005)  
60-69 Doug Naverson 1:00:38 (2008)  
70+ Bill Stowell 1:09:51 (1997)

### WOMEN

18-under Jill Salmon 1:01:12 (1997)  
19-29 Sarah Kleppin 56:03 (1999)  
30-39 Luanne Park 56:18 (1998)  
40-49 Dawn Welsch 57:15 (1991)  
50-59 Elaine Delsman 1:02:52 (1996)  
60-69 Daisy Roberts 1:14:47 (1991)  
Wheelchair Bob Rose 44:56 (1996)  
Hand Cycle Corey Hardgrave 43:07 (2009)



*Southern*  
**OREGON**  
*Runners*