

# GOLD DUST DAYS RUN

June 4<sup>th</sup>, 2011

5k and 10k  
GOLD HILL CITY CENTER



**What:** All profit will be donated to the Rogue River XC Team, so come out support your local high school team. **GO CHIEFTAINS!!!**

**When:** Saturday; June 4<sup>th</sup>, 2011

**Where:** Gold Hill City Center near the library and Tom Brook's Dentistry.

**Course:** 5K: is a flat straight out and back. 10K: is a flat scenic loop that crosses the Rogue River twice.

**Facilities:** Portable toilets will be place at Tom Brooks Dentistry.

**Aid Stations:** Water will be provided at 5k turn around and mile three on the 10k course.

**Awards:** Ribbons for all age groups thru 80's in 5k / 10k. Top 3 overall winners for each gender in each event will receive an official "Gold Dust Days trophy."

**Restrictions:** ABSOLUTELY no roller blades, roller skates, bicycles, baby joggers, dogs, head phones, in-line skates or unregistered participants due to insurance purposes.

**Packet Pickup:** Tom Brook's Dentistry parking lot from 6:45-7:45

**Registration:** Pre-registration must be postmarked by Friday May 27<sup>th</sup>. Day of race is \$20.

**Entry:** Mail your entry to Team Rock Star. 973 2<sup>nd</sup> avenue; Gold Hill, OR, 97525.

**Race Directors:** JJ Moses - 541-601-1626

----- (Please print, detach and return) -----

Name \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone # \_\_\_\_\_

**Pre-Registration: MUST BE PAYABLE TO: Team Rock Star**

**PLEASE CHECK:**

**\*\* All Pre-register participants will receive a Rock Star Runner Shirt; day of race will not receive a shirt**

5k - \$18

10k- \$18

10k wheel chair - \$18

Please check the size:

Small

Medium

Large

X-Large

Total amount enclosed: \_\_\_\_\_

I know that running and volunteering to work in Team Rock Star's races are potentially hazardous activities. I should not enter and run in team rock star's activities unless I am medically able and properly trained. I agree to abide by any decision of the event organizer or official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in Team Rock Star's races including, but not limited to: falls, contact with other participants, the effects of weather and conditions to the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Team Rock Star's and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these activities even though that liability may arise out of negligence or carelessness on the part of the persons and entities named in this waiver. I grant permission to all of the foregoing to use my name, likeness and identity in any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

\_\_\_\_\_ | \_\_\_\_\_ **Date** \_\_\_\_\_

**Signature of Runner If under 18: Parent or Guardian Must Sign**